Practicing the Art of Capacity Building

Be part of a

Host community

Host Yourself

Host Others

Be Hosted

The Fourfold Practice

The Art of capacity Building At its core, this work is about Capacity Building. We build capacity to build capacity to build capacity...

What would it be like if every citizen could host and harvest conversations that really matter? What if life were offering a new way to be in active citizenship? What if we could consciously choose and create the society we dream to be part of?

Both the Fourfold Practice (www.artofhosting.com) and the various arts that make up participatory practice, are foundations for the Art of Building Capacity.

Practices for Capacity Building

Artful hosting offers the container for great harvesting. Artful harvesting allows hosting to go deeper.

creates an on-going sense of invitation.

Artful harvesting

Practical/Visible

Subtle/Invisible

Purpose is the silent leader at the centre.

The place of the elder. Action & Stillness.

Each practice has both its subtle and *practical nature.* Hosting is both the practice + methodologies involved in hosting and the hosting of space + hosting for emergence and of the subtle realms. **Harvesting** is both the harvest of group activity and the meta-harvest of subtle patterns and transformational shifts. It is both tangible and intangible learning. **Invitation** comes both through the act of

inviting and the ability to see someone's gifts and call them into service, creating a field of contribution. **Organising** is both intensely practical and the art of creating a container for learning and collective co-creation -- attention to, and the intention of, space and beauty that serves emergence.

Above and below the line

Some of our practice is visible and practical and some of it is invisible and subtle. **Invitation** and **Organising**, for example, often happen behind the scenes. They open the doorway to contribution and participation, but they aren't often recognised in the way that **Hosting** and **Harvesting** are, since they are "up front", more visible, roles.

background.

Artful

organising supports

great hosting.

The same is true for **Hosting Yourself** and Being Hosted. While you might not see someone's practice, you can experience the *result* of it through the presence they bring. In the same way, someone being a great participant helps to bring life to the group, even if they themselves are quietly in the

The Art

The Art

of

Harvesting

of

Invitation

of Organising

The Art

of

Hosting

The Art

Artful invitation invites self-organising to arise.